

CAMBERWELL



BASKETBALL

THE DRAGONS DEN: WEEKLY REMINDER #12

There were some exciting games for Dragons teams last Friday with 3 of our teams going to overtime! Well done to the 12/1 boys and 14/1 girls who held their nerve to take out nail biting wins in OT to make VJL1, and to our 14/1 boys who also got the win in OT to keep them in contention for VJL2. Our 16/5 boys made their coach Colleen work hard, winning on a free throw after the buzzer! Good luck to everyone who has a game tomorrow night. GO DRAGONS!

IMPORTANT DATES



4 th March	Uniform Shop open at Kew High
11 th March	Labour Day weekend – NO SUNDAY TRAINING
12 th March	Labour Day – NO TRAINING
18 th March	Round 1 BIG V
30 th March	GOOD FRIDAY – NO GAMES
30 th March – 2 nd April	Adelaide Easter Classic
1 st April	EASTER SUNDAY – NO SUNDAY TRAINING
15 th April	VJBL training recommences

UNIFORM SHOP



The uniform shop will be open THIS SUNDAY (4th March) from 9-10am at **Kew High school**. Payment on the day is by CASH ONLY. If you have paid in advance by EFT, please bring a receipt along as proof of payment. If you are yet to pick up a playing singlet or backpack that was ordered on uniform day, these can be picked up on Sunday as well.

WEARING COMPRESSION GARMENTS (SKINS) DURING GAMES



The VJBL will not allow players to wear full length compression gear on their legs. Players can wear compression gear fitted with kneepads, however you must be able to separate the kneepad from your skin shorts. Kneepads must be black, beige, or white in colour and the colour must be uniform for the team if multiple players are wearing them.



NOT ACCEPTABLE



ACCEPTABLE

Players can wear upper body compression gear that is SLEEVELESS and may be slightly visible under their singlets provided they are black, beige or white in colour. The colour choice must be the same as the compression kneepads to ensure the team has uniformity with their compression gear.



NOT ACCEPTABLE



NOT ACCEPTABLE



ACCEPTABLE

Players will not be allowed to wear t shirts in any games unless permission has been given for exceptional circumstances. Arm sleeves are permitted if they are the same colour as the upper body compression gear.

APRIL SCHOOL HOLIDAY CAMPS



We will be running some holiday camps in the upcoming April school holidays. Days/times are being organised and will be announced on the website/in Dragons Den once they have been finalised.

LOST AND FOUND



Last call for the 2 items below, if they are not claimed within a week they will be put in the Lost Property bin at BHS, contact Mandy if they are yours – vjbl.cdb@outlook.com

FOUND:

1. At BHS on Family Day, one size 14 hoodie (unnamed)
2. At BHS on Family Day, a reversible training singlet, looks newish (unnamed, size 14)